



# BRASSERIE

BREAKFAST MENU

## CONTINENTAL & COOKED BREAKFAST £16.50

### CHILDREN'S BREAKFAST (3-12 years) £7.50

Monday-Friday 7am - 9.30am

Saturday-Sunday & Bank Holidays 7.30am - 9.45am

## HOT BREAKFAST

### EGGS

Scrambled **V** 237 kcal

Poached **V** 67 kcal

Fried **V** 104 kcal

Boiled **V** 74 kcal

BACON **GF** 215 kcal

PORK SAUSAGES **GF?** 208 kcal

MUSHROOMS **V VE** 6 kcal

HASH BROWNS **V VE** 115 kcal

GRILLED TOMATOES **V VE** 15 kcal

BAKED BEANS **V VE** 53 kcal

BLACK PUDDING 134 kcal

FRIED BREAD **V VE** 80 kcal

Vegan, vegetarian and gluten free options are available,  
please ask your server when ordering.

## SPECIALS

### SMOKED HADDOCK & POACHED EGGS

Haddock poached in milk with a lightly poached egg,  
with a lemon sauce **GF** 750 kcal

### GRILLED KIPPER

Served with lemon butter and capers **GF** 489 kcal

### OMELETTES 227 kcal

Cheese **V GF** 83 kcal

Ham **GF** 29 kcal

Mushroom **V GF** 6 kcal

**VE** Vegan **VE?** Can be vegan, ask when ordering **V** Vegetarian  
**GF** Gluten Free **GF?** Can be gluten free, ask when ordering

Please inform us if you have a food allergy that we should be aware of.  
Adults need around 2000 kcal a day.

## CONTINENTAL

### FRUITS

Fresh Fruit Salad **V VE GF** 118 kcal

Stewed Prunes **V VE GF** 174 kcal

Grapefruit Segments **V VE GF** 35 kcal

Peaches **V VE GF** 99 kcal

Fruit Compote **V VE GF** 32 kcal

NATURAL YOGURT **V** 119 kcal

### CROISSANTS

Pain Au Chocolate **V** 217 kcal

Plain **V** 289 kcal

### CEREALS

Weetabix **VE** 133 kcal

Cornflakes **V** 150 kcal

Granola **V** 176 kcal

Frosted Flakes **V** 140 kcal

### TOAST

Brown **V** 258 kcal

White **V** 242 kcal

Gluten Free **V GF** 226 kcal

### CONSERVES

Jams 90 kcal

Marmalade 76 kcal

Honey 90 kcal

Marmite 20 kcal

PORRIDGE **V VE?** 94 kcal

## BEVERAGES

### SELECTIONS OF TEAS

Traditional Breakfast | Decaffeinated | Earl Grey | Green Tea  
Chamomile | Peppermint | Berry Berry

### COFFEE

Freshly brewed filter coffee

### BARISTA COFFEES

Available on request - supplement charge applies

### HOT CHOCOLATE

Chocolate blended with hot milk

### FRUIT JUICES

Orange | Apple

Pineapple | Grapefruit