

# HEANTON

## BAR

### AFTERNOON TEA

With a choice of sandwiches, a selection of freshly homemade cakes prepared on-site, fruit and plain scones and your choice of tea or coffee. We can even cater for gluten-free upon request.

#### FRESHLY MADE SANDWICHES

Cucumber & Cream Cheese **V** 167 kcal **G, D**

Smoked Salmon 152 kcal **G, D, F**

Egg Mayonnaise & Mustard Cress **V** 261 kcal **G, D, E, M**

#### PASTRIES & CAKES

A selection of freshly prepared cakes & pastries

#### CREAM TEA

Plain Scone **V** 298 kcal **G, E, D**

Fruit Scone **V** 339 kcal **G, E, D**

Clotted Cream & Jam 856 kcal **D**

#### TEA OR COFFEE

Please call **01271 376221** to make your booking

Must be booked 24 hours in advance and £5 non refundable deposit per person on taking booking.

Adults need around 2000 Kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergens or dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen-free due to possible cross-contamination during production.

**GF** Gluten Free **GF?** Can be made Gluten Free (please ask when ordering)  
**V** Vegetarian **VE** Vegan **VE?** Can be made Vegan (please ask when ordering)

**D** DAIRY **G** GLUTEN **M** MUSTARD **E** EGG **MO** MOLLUSCS **CR** CRUSTACEAN **C** CELERY  
**N** NUTS **F** FISH **SU** SULPHUR DIOXIDE **S** SESAME **SO** SOYA **P** PEANUTS **L** LUPIN