# BRASSERIE

BREAKFAST MENU

# CONTINENTAL & COOKED BREAKFAST £16.50 CHILDREN'S BREAKFAST (3-12 years) £7.50

Monday-Friday 7am - 9.30am Saturday-Sunday & Bank Holidays 7.30am - 9.45am

# HOT BREAKFAST

#### **EGGS**

Scrambled V 237 kcal E, D
Poached V 67 kcal E, SU
Fried V 104 kcal E
Boiled V 74 kcal E

BACON GF 215 kcal

PORK SAUSAGES GF? 208 kcal SU

MUSHROOMS V VE 6 kcal

HASH BROWNS VVE 115 kcal

GRILLED TOMATOES VVE 15 kcal

BAKED BEANS VVE 53 kcal

BLACK PUDDING 134 kcal G

FRIED BREAD V VE 80 kcal S, SO

Vegan, vegetarian and gluten free options are available, please ask your server when ordering.

# SPECIALS

# SMOKED HADDOCK & POACHED EGGS

Haddock poached in milk with a lightly poached egg, with a lemon sauce **GF** 750 kcal **E, F, D, SU** 

#### **GRILLED KIPPER**

Served with lemon butter and capers GF 489 kcal F, D, SU

OMELETTES 227 kcal E, D

Cheese V GF 83 kcal E, D

Ham GF 29 kcal E, D, M

Mushroom V GF 6 kcal E, D

Adults need around 2000 Kcal a day. Our dishes may contain traces of allergens. Please let us know if you have any allergens or dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen-free due to possible cross-contamination during production.

GF Gluten Free GF? Can be made Gluten Free (please ask when ordering)
V Vegetarian VE Vegan VE? Can be made Vegan (please ask when ordering)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY
N NUTS F FISH SU SULPHUR DIOXIDE S SESAME SO SOYA P PEANUTS LLUPIN

# CONTINENTAL

#### **FRUITS**

Fresh Fruit Salad VVE GF 118 kcal
Stewed Prunes VVE GF 174 kcal
Grapefruit Segments VVE GF 35 kcal
Peaches VVE GF 99 kcal
Fruit Compote VVE GF 32 kcal

NATURAL YOGURT V 119 kcal D

#### **CROISSANTS**

Pain Au Chocolate V 217 kcal G, D, E, N, SO
Plain V 289 kcal G, E, D, N, SO

#### **CEREALS**

Weetabix VE 133 kcal G
Cornflakes V 150 kcal G
Granola V 176 kcal G, N
Frosted Flakes V 140 kcal G. P

#### TOAST

Brown V 258 kcal G, S0
White V 242 kcal G, S0
Gluten Free V GF 226 kcal E

#### **CONSERVES**

Jams 90 kcal
Marmalade 76 kcal
Honey 90 kcal
Marmite 20 kcal

PORRIDGE V VE? 94 kcal G.D.

# BEVERAGES

#### **SELECTIONS OF TEAS**

Traditional Breakfast | Decaffeinated | Earl Grey | Green Tea Chamomile | Peppermint | Berry Berry

### COFFEE

Freshly brewed filter coffee

#### BARISTA COFFEES

Available on request - supplement charge applies

# HOT CHOCOLATE

Chocolate blended with hot milk

## FRUIT JUICES

Orange | Apple
Pineapple | Grapefruit