



Brasserie
MENU

BREAKFAST

CONTINENTAL

Choose from our extensive Continental Breakfast Menu for £10

Fruit

Fresh fruit salad, stewed prunes, grapefruit segments and peaches

Cereals

Cornflakes, Weetabix, Muesli, Special K, and Frosties

From the Bakery

Croissants, Danish pastries, bread rolls, brown and white toast served with a selection of preserves

Cheese Board

Somerset brie and Hawkrigde cheddar

BEVERAGES

All breakfasts are served with a choice from the following beverages

Selection of Teas

Traditional breakfast
Decaffeinated
Earl Grey
Green tea
Camomile
Peppermint
Blackcurrant
Ginseng and vanilla

Coffee

Freshly brewed filter coffee

Hot Chocolate

Chocolate blended with Hot Milk

Fruit Juices

Orange, pineapple, apple and grapefruit

FULL ENGLISH

Choose from our Chef's three breakfast specialities or select from the traditional buffet for £12.50 or childrens breakfast (3-12yrs) for £5

The Barnstaple Hotel Full Breakfast Buffet

Grilled pork sausage
Bacon
Mushrooms
Hash browns
Fried bread
Grilled tomato
Baked beans
Eggs; scrambled poached, fried or boiled
Black pudding

Grilled Kipper

Lightly grilled smoked herring, lemon parsley and caper butter

Smoked Haddock and Poached Eggs

Haddock poached in milk with a lightly poached egg, finished with a lemon sauce

Omelettes

Cheese, ham, mushroom or tomato

SUPPLEMENT BREAKFASTS

North American Style Pancakes **£3.00**
Pancakes with maple syrup

Smoked Salmon **£3.00**
and Scrambled Egg
Served on toasted granary bread

Eggs Benedict **£3.00**
Toasted muffin topped with ham,
poached egg and Hollandaise sauce

Please inform us of any food allergies or special dietary requirements